

Cumbræ Swim For Gillian's Saltire Appeal
(Charity Number : SC037787)

WAIVER

I understand the dangers associated with swimming I open water, including the potential for serious personal injury, death and loss of property.

If I decide to swim without a wetsuit (if conditions permit) I understand that this could mean that some of the risks are increased; particularly with regards reduced protection from cold water conditions and the potential onset of hypothermia.

I hereby waive any and all rights of action against Gillian's Saltire Appeal for all injuries and other actionable events, arising out of participating in this open water event.

I agree to release, discharge, indemnify and hold harmless Gillian's Saltire Appeal from any liability arising therefrom, to defend any action of proceeding against Gillian's Saltire Appeal as a result thereof, and to indemnify Gillian's Saltire Appeal against any liability or expense incurred by it as a result thereof.